

yuvakshētra[®]

Institute of Management Studies (YIMS)

Ezhakkad, Mundur, Palakkad - 678631, Kerala.

Affiliated to the University of Calicut & Managed by the Diocese of Palghat

www.yuvakshetra.org / yims@yuvakshetra.org

WOMEN CELL 2029-20

Women empowerment in all spheres of all life enabling them to become agents of social and economic change and inculcating ethical values for the betterment of self, family and society. Our vision is the assurance of justice and equity in society to women by extending academic, financial, emotional and moral support. Our mission is to train students to achieve a wide range of skills and knowledge and also to develop and increase their social, economic and intellectual capacities.

Women Cell, YIMS started with the aim of empowering and orienting women to recognize their true potential and to help them attain their own stand in competing world. It seeks to empower young women to attain emotional, physical and mental freedom to with stand the changing phases throughout their life. Other important objectives include giving career guidance, functioning of counseling centre, conducting health awareness and community living classes, pre-marital counseling, giving hands on training on farming and social work. We function as a single cell, having faculty incharges and student coordinators in every department.

The principal constituted a woman cell comprising the following members for women de cell activities at YIMS for the academic year 2019-20

1. Ms.Sreeja T S (**Convenor**), Assistant Professor, Dept of Mathematics
2. Ms Jisha Sankar, Assistant Professor, Dept of Management
3. Ms Christina Mariam Chacko, Assistant Professor, Dept of Psychology
4. Ms V Soumya K N, Assistant Professor, Dept of English

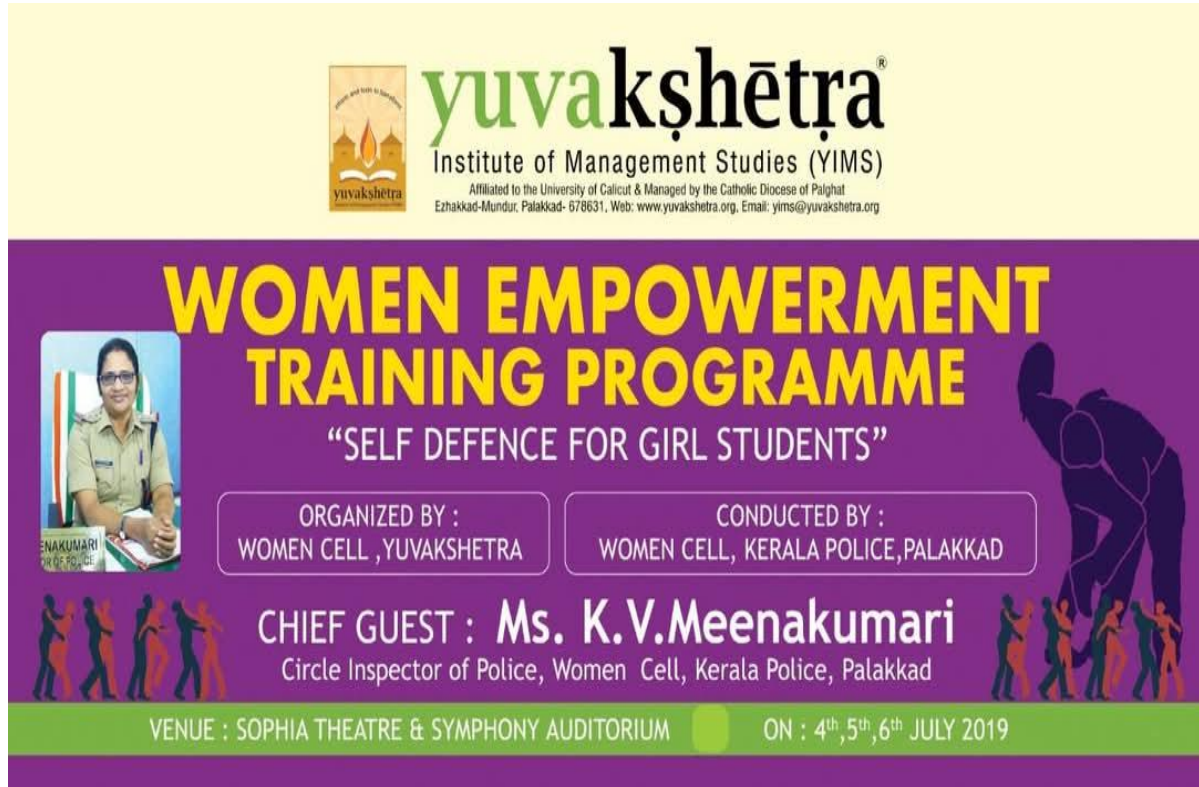
Student Coordinator

5. Ms Sharon Stanley, I MA English, Student Coordinator

WOMEN CELL ACTIVITIES 2019-20

Women Empowerment –Self Defence Training Programme

The program was conducted on 4/7/2019. Mrs K.V.Meena Kumari circle inspector of police women cell inaugurated the women empowerment program conducted by women cell of college. Rev.Dr.Mathew George Vazhayil Director delivered the presidential address. Principal and Rev.Dr. Lalu Olikkal vice Principal felicitated. Ms Sreeja T S, Co-ordinator, women cell delivered the vote of thanks.



The poster features the Yuvakshetra logo at the top, which includes a small icon of a lamp and the text 'yuvakshetra Institute of Management Studies (YIMS)'. Below the logo, the main title 'WOMEN EMPOWERMENT TRAINING PROGRAMME' is written in large, bold, yellow letters. Underneath the title, the subtitle '“SELF DEFENCE FOR GIRL STUDENTS”' is displayed in white. The poster is divided into two columns for organizational details: 'ORGANIZED BY : WOMEN CELL , YUVAKSHETRA' and 'CONDUCTED BY : WOMEN CELL, KERALA POLICE, PALAKKAD'. The chief guest is listed as 'Ms. K.V.Meenakumari', with her title 'Circle Inspector of Police, Women Cell, Kerala Police, Palakkad' below her name. A small inset photo shows Ms. Meenakumari in a police uniform. At the bottom, the venue 'VENUE : SOPHIA THEATRE & SYMPHONY AUDITORIUM' and the dates 'ON : 4th, 5th, 6th JULY 2019' are provided. The background of the poster is purple with silhouettes of people.

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WOMEN EMPOWERMENT TRAINING PROGRAMME

“SELF DEFENCE FOR GIRL STUDENTS”

ORGANIZED BY :
WOMEN CELL , YUVAKSHETRA

CONDUCTED BY :
WOMEN CELL, KERALA POLICE, PALAKKAD

CHIEF GUEST : **Ms. K.V.Meenakumari**
Circle Inspector of Police, Women Cell, Kerala Police, Palakkad

VENUE : SOPHIA THEATRE & SYMPHONY AUDITORIUM ON : 4th, 5th, 6th JULY 2019



Women Empowerment Program Validictory Function

The program was conducted on 6/7/2019. Mrs. Sreeja.T.S women cell coordinator welcomed all to the program, Rev.Fr.Shyju Pariyth, Asst Director delivered the Presidential address, Mrs. Ambili Women Civil Police Officer summarized the training program. Rev.Dr. Lalu Olikkal, Vice Principal handed over the memento to trainer Ms.Ambili. Principal delivered the vote of thanks. Trained students performed their skills in the program.



Women Empowerment Training for Girls -18/7/2019

Rev. Dr.Mathew George Vazhayil Director welcomed & introduced Ms.K.V.Meenakumari circle inspector of police women cell & trainer to students. Girls from 2nd BCA, BBA, Psychology & B.com CA attended the training for 3 days. Ms.Jameela, Ms. Parameswari & Ms. Martina. Women civil police officers led the training. The program was organized by Women Cell of college and the session was completed on 20thjuly 2019.





PREMARITAL COUNSELLING SEMINAR

Premarital Counselling Seminar was held on 31st January 2020. The Premarital Counselling Seminar organised by the Women Cell of Yuvakshetra and conducted by the **Kerala Vanitha Commission** was held on 31st January 2020. The resource persons were Adv. Shiji Shivaji, Member of Kerala State Vanitha Commission, Mr. Prasad K., Motivation Speaker and Mrs. Mala Ramanan, Councillor. the Seminar concluded with the Valedictory Function in the presence of Rev. Dr.Lalu Olikkal, Vice Principal of Yuvakshetra, Mr.Prasad K. and Mrs. Mala Ramanan. It is for the first time that Kerala State Vanitha Commission's Premarital Counselling has taken place in a Self-Financing College and was indeed a very beneficial programme for all the students who attended it.



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കേരള സംസ്ഥാന വനിതാ കമ്മീഷൻ
യുവക്ഷേത്ര കോളേജ്, മൂണ്ടൂർ
സംയുക്തമായി സംഘടിപ്പിക്കുന്ന

വിവാഹപൂർവ്വ കാൺസലിങ് & ശിൽപശാല

2020 ജനുവരി 31 രാവിലെ 9.30 മുതൽ സോഫിയ തിയേറ്റർ, ക്രൈസ്റ്റ് ഹിൽ ബ്ലോക്ക്, യുവക്ഷേത്ര

ഉദ്ഘാടനം : **റവ. ഡോ. മാത്യു ജോർജ്ജ് വാഴയിൽ**
[ഡയറക്ടർ, യുവക്ഷേത്ര]

വിഷയാവതരണം : **അഡ്വ. ഷിജി ശിവജി** [വനിതാ കമ്മീഷൻ അംഗം]



INTERNATIONAL WOMENS DAY CELEBRATIONS MARCH 2020

The Yuvakshetra Institute of Management Studies on behalf of the Women's Day Celebrations 2020 conducted various programmes for the girl students which were organised by the Women's Cell of the college. On 9th March 2020, an Official function to commemorate International Women's Day 2020 was organised in the Yuvakshetra College by its Women Cell. Hon'ble Principal District Judge of Palakkad, Smt. K. P.Indira was the Guest of honour and she motivated the students to come forward and grab all the possible opportunities. Winners of the various competitions were applauded.

Quiz Competition: The quiz competition was held on 6th March 2020. Forty-two students of various departments participated and the topic was regarding prominent women of the last two decades.

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INTERNATIONAL WOMEN'S DAY 2020

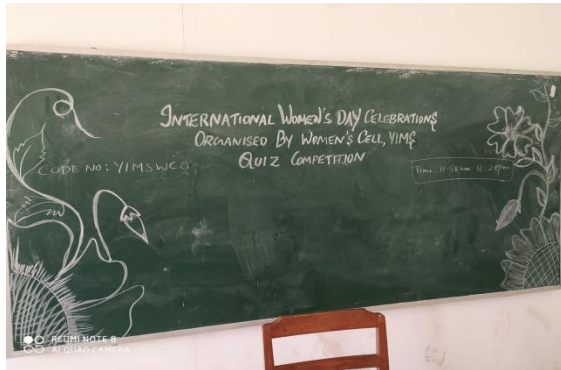
ORGANISED BY WOMEN CELL, YUVAKSHETRA

Inauguration:
Smt. K.P. Indira
HON'BLE DISTRICT JUDGE

● Quiz competition ● Documentary presentation ● Walkathon ● Debate ● Online self speech vedio competition



Quiz Competition: The quiz competition was held on 6th march 2020. Forty two students from various departments were participated and the topic was Regarding prominent women of the last two decades

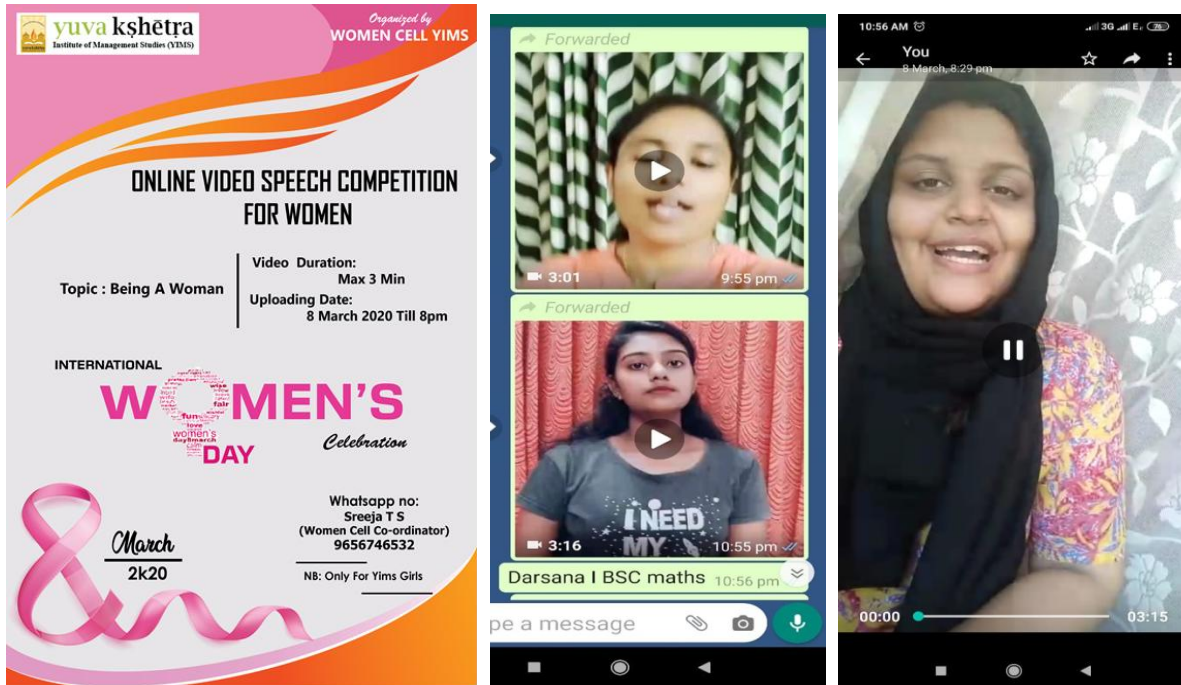


Debate:

On the same day debate was conducted on the topic, " Woman Empowerment whether it is fruitful or not." Twenty-four students participated and the best speakers from each team were selected



ONLINE SELF SPEECH VIDEO COMPETITION: On 8th March 2020, an Online Self Speech video competition was organised for the girl students. Being a Sunday, the students were given the opportunity to present a video on the topic "Being a Woman" and upload it from the given Whatsapp number. The best three speech videos were selected.



Walkathon: On the same day a Walkathon of 1km from the place Challikal to Kongad was conducted by the students of Women's Cell of Yuvakshetra College followed by a theme dance on International Women's Day march 2020





Extension Activity-Theme Dance at Kongad Bustand for Public Awareness



Documentary Presentation:

portraying the life, sacrifices and achievements of prominent woman personalities were shown in the Yuvakshetra College to the students

With the full-fledged support from the management of the Yuvakshetra College coupled with the active work of Women's Cell, the programmes hosted in connection with the International Women's Day 2020 were indeed useful to the students.